



ONTARIO CURLING ASSOCIATION

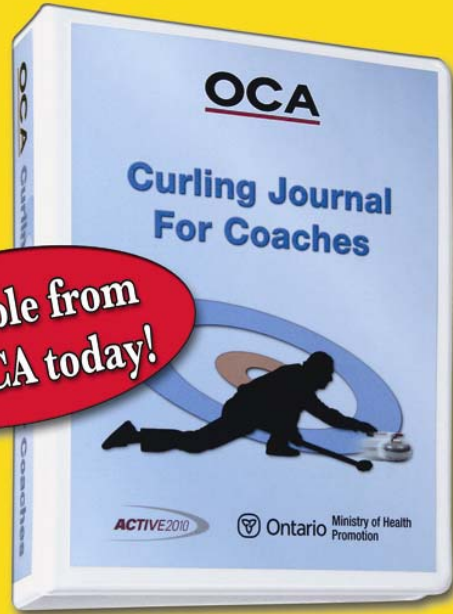
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Curling Journal for Coaches

190 pages to cover a full season of practices, curling games & more.

- Team Information Sheet
- Practice Plan
- Game Details
- Key Shot Diagrams
- Injury Log
- Event & Game Log
- Individual Assessments
- Team Assessments
- Emergency Action Plan (EAP)
- Club & Rock Charts

Available from the OCA today!



The 190 page **Curling Journal for Coaches** was produced as a resource for all coaches regardless of the team's competitive level. Included are sufficient forms to cover a full season of practices, games and useful material in a handy 7" X 9" 3-ring binder:

Please call, fax or email or mail your order to the Ontario Curling Association.

The cost of the Curling Journal for Coaches is \$15.00, plus taxes and shipping for Ontario residents. For residents outside of Ontario the cost is \$18.00, plus taxes and shipping. Payment can be made by credit card or cheque. Your cheque must accompany your order.

Telephone: 905-831-1757
Fax to: 905-831-1083
Email to: angela@ontcurl.com

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